

## Parish Contacts

St Matthias' Church, Rushgrove Avenue NW9 6QY

stmatthiasnw9.org

 @colindalechurch.bsky.social



stmatthiasnw9

### Priest in Charge:

Fr Matthew Duckett SMMS (*Weekly rest day: Monday*)  
The Vicarage, 48 Rushgrove Avenue, Colindale NW9 6QY  
020 8200 3770/07729 154529/mattew\_duckett@yahoo.co.uk

### Churchwardens:

Eleanor Arthur

Robert Wilson

### Parish Safeguarding Officer:

Frances Poulastides

### Intercessions

*For the sick and those in need who have asked for our prayers.*

### For the recently departed:

Peter Cutmore, Clinton Jones, Joseph Odametey.

**Anniversaries of death:** Gisella Nagy, Violet Bianchi.

*To preserve privacy, the names of the sick and those in need, and sometimes of the recently departed, are omitted from the version of the news sheet published online. They are all, however, prayed for at the service in Church.*

### 11am Parish Mass Hymns:

Entrance 154 Eternal ruler of the ceaseless round

Offertory 511 O Lord my God

Communion 437 Make me a channel of your peace

Recessional 684 Thou whose almighty word

Mass setting: 952 A New People's Mass (Gregory Murray)

### Parish Notices

#### Ash Wednesday – Palm Crosses

Lent begins on Ash Wednesday, which this year is on the 18<sup>th</sup> of February. There will be Mass with imposition of ashes at 10am and 7pm on that day. Please bring in your old palm crosses next Sunday, so that the ashes can be prepared.

#### Diocesan Lent Programme

The Diocesan Lent programme this year is "Treasures of Darkness", Online on Tuesdays through Lent 24 February, 3, 10, 17 and 24 March.

"This Lent, join us to explore the journey of discipleship amid uncertainty, mystery, and unknowing. Drawing on lived experience and the wisdom of disability and suffering theologies, we will reflect on what it means to follow Christ – not in spite of life's struggles, but as we encounter God's grace and guidance within them.

Together, we will seek the treasures hidden in darkness and mystery, nurturing a faith that trusts beyond sight and clarity." For more information and to register see here: [www.london.anglican.org/church-and-parish-support/confident-disciples/treasures-of-darkness-lent-2026-2/](http://www.london.anglican.org/church-and-parish-support/confident-disciples/treasures-of-darkness-lent-2026-2/)

#### Bishop's Visit & Confirmation – Sunday 19<sup>th</sup> April

Bishop Anderson will be with us on Sunday 19<sup>th</sup> April, the Second Sunday of Easter. Please speak to Fr Matthew if you would like to be baptised and/or confirmed on that Sunday.



# The Parish of Colindale

Saint Matthias

The Second Sunday before Lent  
8<sup>th</sup> February 2026



### Mass Times and Readings for Morning and Evening Prayer

*Readings and psalms for Morning and Evening Prayer are given for use with Common Worship Daily Prayer or the Book of Common Prayer. MP = Morning Prayer; EP = Evening Prayer. For a shorter version of the Office, use one psalm and one reading. For the same services online see [tinyurl.com/jusdp](http://tinyurl.com/jusdp). (\* = a long Psalm, part of which may be omitted. Where there is a choice of two sets of Psalms, the first is for the season, the second follows the ordinary cycle.)*

**Sunday 8<sup>th</sup> February** 10.15am Eucharistic Adoration

**2<sup>nd</sup> Sunday before Lent**

**11am Parish Mass**

MP: Psalms 100, 150; Job 38.1-21; Colossians 1.15-20

EP: Psalm 148; Proverbs 8.1, 22-31; Revelation 4

**Mon 9<sup>th</sup> February** No Services

MP: Psalms 27, 30; Genesis 29.31 – 30.24; 2 Timothy 4.1-8

EP: Psalms 26, 28, 29; 2 Chronicles 9.1-12; John 19.1-16

**Tues 10<sup>th</sup> February** 12.30pm Mass

*Commemoration: Saint Scholastica, Abbess of Plombariola*

MP: Psalms 32, 36; Genesis 31.1-24; 2 Timothy 4.9-end

EP: Psalm 33; 2 Chronicles 10.1 – 11.4; John 19.17-30

**Weds 11<sup>th</sup> February** 10am Mass (Morning Prayer at 09.30)

*Memorial: Our Lady of Lourdes*

MP: Psalm 34; Genesis 31.25 – 32.2; Titus 1

EP: Psalms 119.33-56; 2 Chronicles 12; John 19.31-end

**Thurs 12<sup>th</sup> February** 9am Mass (Morning Prayer at 08.30)

MP: Psalm 37\*; Genesis 32.3-30; Titus 2

EP: Psalms 39, 40; 2 Chronicles 13.1 – 14.1; John 20.1-10

**Fri 13<sup>th</sup> February** 9am Mass (Morning Prayer at 08.30)

MP: Psalm 31; Genesis 33.1-17; Titus 3

EP: Psalm 35; 2 Chronicles 14.2-end; John 20.11-18

**Sat 14<sup>th</sup> February** 10am Mass (Morning Prayer at 09.30)

*Memorial: Ss Cyril & Methodius, Missionaries; St Valentine, Priest & Martyr*

MP: Psalms 41, 42, 43; Genesis 35; Philemon

EP: Psalms 45, 46; 2 Chronicles 15.1-15; John 20.19-end

**Sunday 15<sup>th</sup> February** 10.15am Eucharistic Adoration

**Sunday next before Lent**

**11am Parish Mass**

MP: Psalm 72; Exodus 34.29-end; 2 Corinthians 4.3-6

EP: Psalm 84; Ecclesiasticus 48.1-10 or 2 Kings 2.1-12

Matthew 17.9-23 (or 1-23)

**First Reading** (Genesis 1.1-2.3)

A reading from the book of Genesis.

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, 'Let there be light'; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, 'Let there be a dome in the midst of the waters, and let it separate the waters from the waters.' So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, 'Let the waters under the sky be gathered together into one place, and let the dry land appear.' And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, 'Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.' And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, 'Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.' And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, 'Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.' So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, 'Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.' And there was evening and there was morning, the fifth day.

And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, 'Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.'

So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.' God said, 'See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.' And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

This is the word of the Lord  
Thanks be to God

**Psalm 136.1-9, 23-26**

**Response** after each line: for his mercy endures for ever

Give thanks to the Lord, for he is good, **R**

Give thanks to the God of gods, **R**

Give thanks to the Lord of lords, **R**

Who only does great wonders, **R**

Who by his wisdom made the heavens, **R**

Who spread out the earth upon the waters, **R**

Who created great lights, **R**

The sun to rule the day, **R**

The moon and the stars to govern the night, **R**

It is he who remembered us in our low estate, **R**

And delivered us from our enemies, **R**

Who gives food to all creatures, **R**

Give thanks to the God of heaven, **R**

**Second Reading** (Romans 8.18-25)

A reading from the letter of St Paul to the Romans.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

This is the word of the Lord  
Thanks be to God

**Gospel Acclamation**

Alleluia, alleluia, alleluia.

Your Father in heaven will give good things to those who ask him.

Alleluia, alleluia, alleluia.

**Gospel** (Matthew 6.25-34)

Hear the Gospel of our Lord Jesus Christ according to Matthew  
**Glory to you, O Lord**

Jesus taught his disciples, saying: 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.'

This is the Gospel of the Lord  
Praise to you, O Christ