

First Reading (Deuteronomy 26.1–11)

A reading from the Book of Deuteronomy

Moses spoke to the people, saying:

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, ‘Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.’

When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: ‘A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.’

You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

This is the Word of the Lord
Thanks be to God

Psalms 100

**Response: Give thanks to the Lord
and call upon his name**

Be joyful in the Lord, all you lands;
serve the Lord with gladness
and come before his presence with a song.
Know this: The Lord himself is God;
he himself has made us and we are his;
we are his people and the sheep of his pasture. **R**

Enter his gates with thanksgiving;
go into his courts with praise;
give thanks to him and call upon his name.
For the Lord is good; his mercy is everlasting;
and his faithfulness endures from age to age. **R**

Second Reading (Philippians 4.4–9)

A reading from the Letter of Saint Paul to the Philippians.

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

This is the Word of the Lord
Thanks be to God

Gospel Acclamation

Alleluia, alleluia, alleluia!
We bring you good news, that you should turn to
the living God, who gives you rains from heaven
and fruitful seasons,
filling you with food and your hearts with joy
Alleluia, alleluia, alleluia!

Gospel (John 6.25–35)

Hear the Gospel of our Lord Jesus Christ
according to John
Glory to you, O Lord

When they found Jesus on the other side of the sea, the crowd said to him, ‘Rabbi, when did you come here?’

Jesus answered them, ‘Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’

Then they said to him, ‘What must we do to perform the works of God?’ Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’

So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.”’

Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’

They said to him, ‘Sir, give us this bread always.’



Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty’.

This is the Gospel of the Lord
Praise to you, O Christ

Parish Contacts

St Matthias' Church, Rushgrove Avenue NW9 6QY

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Priest in Charge:

Fr Matthew Duckett SMMS (Weekly rest day: Monday)

The Vicarage, 48 Rushgrove Avenue, Colindale NW9 6QY

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Churchwardens:

Eleanor Arthur

Robert Wilson

Parish Safeguarding Officer:

Frances Poulastides

Intercessions

For the sick and those in need who have asked for our prayers.

For the recently departed:

Raili, Eileen Willis, Joan Page.

Anniversary of death:

Beryl Plunkett.

To preserve privacy, the names of the sick and those in need, and sometimes of the recently departed, are omitted from the version of the news sheet published online. They are all, however, prayed for at the service in Church.

11am Parish Mass Hymns

Entrance	133	Come, ye thankful people, come
Offertory	184	For the beauty of the earth (2nd tune)
Communion	82	Bread of heaven on thee we feed
Recessional	558	Praise and thanksgiving
Mass setting:	952	A New People's Mass (Gregory Murray)

Parish Notices

Harvest Thanksgiving

We celebrate Harvest Thanksgiving today. There will be a collection for any donations of non-perishable food and toiletries for Colindale Food Bank. Their September wish list is: Biscuits, Coffee, Long life milk, Microwave Rice, Mash potatoes and Pasta, Soft drinks, Sugar, Tinned Fruit, Tinned Fish, Tinned Meat. The collection will be held open for another week for any extra donations.

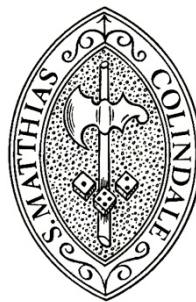
Alternatively, cash donations may be made online:
colindale.foodbank.org.uk/give-help/donate-money

Sponsored Walk – Thank You!

Many thanks to all who supported Frances Poulastides and Angie Luis on their September sponsored walk for Cancer Research; they walked a total of 47.7 miles, and raised a total of £665. Well done!

A5 Corridor Meeting

Clergy and lay representatives from congregations are invited to at St Alphage Burnt Oak on Thursday 16th October at 7:00pm for the second "A5 Corridor" meeting, about mission along the Edgware Road. Representatives are invited to speak for about two minutes about one missional activity their church is engaged with, which can be part of the ordinary life of the parish. Please speak to Fr Matthew if you would like to come and contribute.



The Parish of Colindale

Saint Matthias

Harvest Thanksgiving

5th October 2025



Mass Times and

Readings for Morning and Evening Prayer

Readings and psalms for Morning and Evening Prayer are given for use with Common Worship Daily Prayer or the Book of Common Prayer. MP = Morning Prayer; EP = Evening Prayer. For a shorter version of the Office, use one psalm and one reading. For the same services online see tinyurl.com/jusdp. (* = a long Psalm, part of which may be omitted.)

Sunday 5th October 10.15am Eucharistic Adoration
Harvest Thanksgiving 11am Parish Mass

MP: Psalm 141; Isaiah 49.13-23; Luke 12.1-12

EP: Psalm 142; Nehemiah 5.1-13; John 9

Mon 6th October No services

Memorial (in the Diocese of London): Saint Faith, Virgin & Martyr

MP: Psalm 44; Wisdom 11.21 – 12.2 or 2 Chronicles 2.1-16; Mark 12.28-34

EP: Psalms 47, 49; 1 Kings 12.25 – 13.10; Acts 19.8-20

Tues 7th October 12.30pm Mass

Memorial: Our Lady of the Rosary

MP: Pss 48, 52; Wisdom 12.12-21 or 2 Chronicles 3; Mark 12.35-end

EP: Psalm 50; 1 Kings 13.11-end; Acts 19.21-end

Weds 8th October 10am Mass (Morning Prayer at 9.30)

MP: Psalm 119.57-80; Wisdom 13.1-9 or 2 Chronicles 5; Mark 13.1-13

EP: Psalms 59, 60, (67); 1 Kings 17; Acts 20.1-16

Thurs 9th October 9am Mass (Morning Prayer at 8.30)

Commemoration: Saint Denys, Bishop of Paris, & companions, Martyrs

MP: Psalms 56, 57, (63*); Wisdom 16.15 – 17.1 or 2 Chronicles 6.1-21; Mark 13.14-23

EP: Psalms 61, 62, 64; 1 Kings 18.1-20; Acts 20.17-end

Fri 10th October 9am Mass (Morning Prayer at 8.30)

Memorial: Saint Paulinus, Bishop of York, Missionary

MP: Psalms 51, 54; Wisdom 18.6-19 or 2 Chronicles 6.22-end; Mark 13.24-31

EP: Psalm 38; 1 Kings 18.21-end; Acts 21.1-16

Sat 11th October 10am Mass (Morning Prayer at 09.30)

Feast (in the Diocese of London): Saint Ethelburga, Abbess of Barking

MP: Psalm 68; Wisdom 19 or 2 Chronicles 7; Mark 13.32-end

EP: Psalms 65, 66; 1 Kings 19; Acts 21.17-36

Sunday 12th October 10.15am Eucharistic Adoration

17th Sunday after Trinity 11am Parish Mass

MP: Psalm 143; Isaiah 50.4-10; Luke 13.22-30

EP: Psalm 144; Nehemiah 6.1-16; John 15.12-27