

Parish Contacts

St Matthias' Church, Rushgrove Avenue NW9 6QY

stmatthiasnw9.org

 @ChurchColindale

 stmatthiasnw9

Priest in Charge:

Fr Matthew Duckett SMMS (Weekly rest day: Monday)

The Vicarage, 48 Rushgrove Avenue, Colindale NW9 6QY

020 8200 3770/07729 154529/matthew_duckett@yahoo.co.uk

Churchwardens:

Eleanor Arthur

Robert Wilson

Intercessions

For the sick and those in need who have asked for our prayers.

For the recently departed:

Ruth, Nicolina Attoh, Gerald, Karen.

Anniversaries of death: Pauline Atkinson, Isaac Mensah, Joyce Prior, Phylis Thompson, Leonida Dyer.

11am Parish Mass Hymns:

Entrance 252 Guide me, O Thou great Redeemer

Offertory 205 Glorious things of thee are spoken
(2nd tune, Abbot's Leigh)

Communion 610 Soul of my Saviour

Recessional 161 Father, hear the prayer we offer

Parish Notices

Friday Mass this week

The Mass on Friday this week will be at 9am instead of 10am. This is for this week only.

Diocesan Lent Appeal – Healing the Memories

This year, the Diocese of London are partnering with MANNA (Mozambique Angola Anglican Association) to raise money to train leaders in Mozambique who can provide pastoral care and support for those with trauma.

Since 2017, over a million people living in northern Mozambique have been displaced by a violent insurgency and 4,000 have been killed.

The Anglican Diocese of Nampula has been working with traumatised and displaced people for the last couple of years supporting them with food, education and training via their community development work.

To donate, please use the envelopes available in church or give directly online. Donation link, more information and videos available here:

<https://www.london.anglican.org/lentappeal2023>

Prayer Practices for Lent

For Lent 2023, the Bishops of London Diocese are hosting five online sessions exploring ancient ways of Christian prayer that are still relevant today and can help us spend time in the presence of God. Sessions take place on Tuesday evenings during Lent, from 7.30-8.30pm

More information and free registration see here:

<https://www.eventbrite.co.uk/e/prayer-practices-for-lent-tickets-486773862727>



The Parish of Colindale

The Third Sunday of Lent 12th March 2023



Mass Times and

Readings for Morning and Evening Prayer

Readings and psalms for Morning and Evening Prayer are given for use with Common Worship Daily Prayer or the Book of Common Prayer. MP = Morning Prayer; EP = Evening Prayer. For a shorter version of the Office, use one psalm and one reading. For the same services online see tinyurl.com/fusdp. (* = a long Psalm, part of which may be omitted. Where there is a choice of two sets of Psalms, the first is for the season, the second follows the ordinary cycle.)

Sunday 12th March 10.15am Eucharistic Adoration Third Sunday of Lent 11am Parish Mass

MP: Psalm 46; Amos 7.10-17; 2 Corinthians 1.1-11

EP: Psalm 40; Joshua 1.1-9; Ephesians 6.10-20

Mon 13th March No services

MP: Psalms 5, 7 (or) 123, 124, 125, 126; Jeremiah 11.1-17; John 7.37-52

EP: Pss 11, 17 (or) 127, 128, 129; Genesis 47.1-27; Hebrews 4.14-5.10

Tues 14th March 12.30pm Mass

MP: Psalms 6, 9 (or) 132, 133; Jeremiah 11.18-12.6; John 7.53-8.11

EP: Pss 61, 62, 64 (or) (134), 135; Genesis 47.28-48.22; Hebr. 5.11-6.12

Weds 15th March 10am Mass

MP: Psalm 38 (or) 119.153-end; Jeremiah 13.1-11; John 8.12-30

EP: Psalms 36, 39 (or) 136; Genesis 49.1-32; Hebrews 6.13-end

Thurs 16th March 10am Mass

MP: Psalms 56, 57 (or) 143, 146; Jeremiah 14; John 8.31-47

EP: Pss 59, 60 (or) 138, 140, 141; Genesis 49.33-50.26; Hebrews 7.1-10

Fri 17th March 9am Mass (note different time)

Feast: Saint Patrick, Bishop, Apostle of Ireland

MP: Psalm 22 (or) 142, 144; Jeremiah 15.10-end; John 8.48-end

EP: Psalm 69 (or) 145; Exodus 1.1-14; Hebrews 7.11-end

Sat 18th March 10am Mass

Lent Memorial of the Blessed Virgin Mary

MP: Psalm 31 (or) 147; Jeremiah 16.10-17.4; John 9.1-17

EP: Psalms 116, 130 (or) 148, 149, 150; Exodus 1.22-2.10; Hebrews 8

Sunday 19th March 10.15am Eucharistic Adoration

Fourth Sunday of Lent 11am Parish Mass

Mothering Sunday

MP: Psalm 19; Isaiah 43.1-7; Ephesians 2.8-14

EP: Psalm 31.1-16 or 31.1-8; Micah 7 or Prayer of Manasseh, James 5

First Reading (Exodus 17.1-7)

A reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

This is the word of the Lord

Thanks be to God

Psalms 95

Response:

O that today you would hearken to his voice!

Harden not your hearts.

Come, let us sing to the Lord;

let us shout for joy to the rock of our salvation.

Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.

For the Lord is a great God, and a great king above all gods. **R**

In his hand are the depths of the earth,
and the heights of the hills are his also.

The sea is his, for he made it,

and his hands have moulded the dry land. **R**

Come, let us bow down and bend the knee,
and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand.

O that today you would hearken to his voice! R

'Harden not your hearts,

as your forebears did in the wilderness,

at Meribah, and on that day at Massah,

when they tempted me.

They put me to the test, though they had seen my works. **R**

Forty years long I detested that generation and said,

"This people are wayward in their hearts;

they do not know my ways."

So I swore in my wrath, "They shall not enter into my rest." **R**

Second Reading (Romans 5.1-11)

A reading from the letter of Saint Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord

Thanks be to God

Gospel Acclamation

Praise to you, O Christ, King of eternal glory!

Lord, you are truly the saviour of the world:

give me the living water, so that I may never be thirsty again.

Praise to you, O Christ, King of eternal glory!

Gospel (John 4.5-42)

Hear the Gospel of our Lord Jesus Christ according to John

Glory to you, O Lord

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord

Praise to you, O Christ